

# Freemans Reach Public School



# Information Handbook

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# TABLE OF CONTENTS

Content	Page Number
<b>School Introduction</b>	3
<b>General School Information</b>	
Features of our School	4
Our School Vision	5
School Staff	6
School Hours & Arrivals and Departures	7
Attendance & Absences	8
Late Arrivals / Early Departures & Assemblies	9
Permission Notes, Student Details & Student Transfers	10
Money and Payments, Lost Property & Mobile Phones/Devices	11
Parent Online Payments (POP) Instructions	12
School Newsletter, Enews & Facebook	13
Stationery & Equipment, High Potential & Gifted Education & Fitness Program	14
Excursions & Visiting Performances	15
Book Club & Education Week	16
Transport & Opal Card	17
Bicycles & Crunch and Sip	18
Extreme Weather, Library & Religious Education	19
Peer Leadership, Student Leaders & Student Representative Council	20
Technology	21
Homework	22-23
School Uniform	24-26
<b>Student Health Conditions &amp; Medication</b>	
Health, Allergies and Anaphylaxis & Head Lice	27
Medication & Asthma	28
Infectious Diseases	29
Sunsmart Policy	30
<b>Assessment &amp; Reporting</b>	31
<b>Student Wellbeing</b>	
Positive Behaviour for Learning (PBL)	32-34
Student Welfare	35
Specialised Services & School Counsellor	36
Learning Support & Home School Liaison Officer	37
<b>Performing Arts &amp; School Sport</b>	
Performing Arts, School Sport & Sport Houses	38
School Sport Carnivals	39
Zone Representation, Learn to Swim, Sport Clinics & Sporting Schools Program	40
<b>Parent Helpers &amp; Volunteering at School</b>	41
<b>Parents &amp; Citizens (P&amp;C)</b>	
P&C	42
Canteen	43
<b>School Song</b>	44

# WELCOME TO FREEMANS REACH PUBLIC SCHOOL



Freemans Reach Public School takes pride in providing a safe and highly educational environment for each student to explore their learning potential.

Our dedicated staff strive to develop the skills and talents of each individual and are strongly committed to the development and maintenance of a high level of communication between the school and home.

We sincerely hope that this will be, for you and your child, the beginning of an enjoyable, educationally sound and stimulating experience. This can be achieved by working together and through the pursuit and celebration of each child's successes.

Welcome to Freemans Reach Public School

**395 Kurmond Road, Freemans Reach 2756**

**Phone: (02) 4579 6146**

**Email: [freemanrch-p.school@det.nsw.edu.au](mailto:freemanrch-p.school@det.nsw.edu.au)**

**Web: [www.freemanrch-p.schools.nsw.gov.au](http://www.freemanrch-p.schools.nsw.gov.au)**

**Facebook: <https://www.facebook.com/freemansreachps>**

**Principal: Mrs Lisa McGrath**

## FEATURES OF OUR SCHOOL

Our school policies will provide the opportunity for children to work to capacity in a cooperative atmosphere which promotes their intellectual, aesthetic, moral, social, emotional and physical development. Providing quality education since 1867, Freemans Reach Public School is one of the finest schools in the Hawkesbury.

This school provides each student with the opportunity to develop through school policies relating to:

- Curriculum development
- Student wellbeing and discipline
- Student assessment and reporting
- Supporting gifted and talented children

The school has facilities to enable physically disabled children to enrol and enjoy an integrated education. It is a shared site with Hawkesbury High School.

The school maintains a large area of land containing trees, shrubs and grass areas and encourages pupils to respect and preserve the physical environment that is their heritage. This is reflected in the school's emblem which features a beautiful tree. Accordingly, the school moto is "Growth".



## Our School Vision

**Freemans Reach Public School is a learning environment where:**

- *All students, staff and community members are treated with respect, understanding and compassion;*
- *Wellbeing of students is a priority for all;*
- *High expectations and success as a learner is defined, valued and celebrated;*
- *Personal best and aspiring to excellence are encouraged and supported;*
- *Quality differentiation and 21st century knowledge, skills and attributes develop successful, resilient, confident and creative individuals who become active and informed citizens;*

*Our school motto, Growth, is reflected in our journey to strive for continual academic, personal and professional growth for all.*

## SCHOOL STAFF

Get to know our school staff, we're all here to help.

Our professional, university-educated teachers encourage students to develop a love of learning and a desire to succeed. They maintain the highest integrity and concern for your child's wellbeing. The principal is responsible for the educational leadership and management of our school. If you would like to speak to the principal, please contact us to make an appointment. Our school administrative staff can answer inquiries or direct you to the appropriate staff member for help.

**Principal** – Mrs McGrath

**Assistant Principals** –Miss Ayoub, Mr Baxter

**Assistant Principal, Curriculum and Instruction** – Mrs Mitchell

**Classroom Teachers:**

Mrs Abel

Miss Celeban

Miss Garden

Mrs Jurd

Mrs Micallef

Mrs Ripa

Mrs Shuster

**Librarian** - Mrs Miller

**RFF Sport** - Mr Carroll

**Learning Support/Enrichment** - Mrs Shuster

**School Administrative Manager** - Ms Gerisch

**School Administrative Officer** - Mrs Chapman

**School Learning Support Officers** - Mrs Leard, Mrs Lippold, Ms Clair

**General Assistant** - Mr Rickards

**Cleaning Support** - Mrs Marsh

**Counsellor** - Mr Decent

## SCHOOL HOURS

<b>8:25am</b>	<b>Teachers on duty</b>
<b>8:50am</b>	<b>Assembly</b>
<b>8:55am</b>	<b>Bell Time - School Commences</b>
<b>11:00am</b>	<b>Recess</b>
<b>11:30am</b>	<b>Lessons recommence</b>
<b>1:00pm</b>	<b>Lunch break, 10 min eating time is a non-playing period</b>
<b>1:40pm</b>	<b>Lessons recommence</b>
<b>2:50pm</b>	<b>Lessons conclude</b>
<b>2:55pm</b>	<b>Bell Time - School Concludes</b>

## ARRIVALS AND DEPARTURES

Parents picking up their child from inside the school, at the end of the day, are asked to wait on the basketball court area. Children are escorted from their classrooms to this area in the afternoons. If parents prefer to pick children up from the gate near the pedestrian crossing outside Hawkesbury High School, the children are walked up by a teacher. These children are known as **WALKERS**. If your child catches a bus, they will be placed in the appropriate bus line and escorted to the bus by a teacher.

Staff are not responsible for children before 8:25am or after 2:55pm. If you are unavoidably delayed and not able to collect your child at 2:55pm please **ring** the school before 2:30pm and every effort will be made to communicate this message to your child. In the morning, children are to sit on the seats under the Covered Outdoor Learning Area (COLA) until the teacher enters on duty.

## ATTENDANCE



Children are legally required to attend school from the age of 6 until they have completed year 10. Children may start school at age 4, if they are turning 5 before 1 August in their first school year.

Daily attendance at school is a legal requirement and it is the responsibility of the parent to ensure that the child attends regularly.

Regular attendance at school for every student is essential if students are to achieve their potential and increase their career and life options. Schools, in partnerships with parents, are responsible for promoting the regular attendance of students. While parents are legally responsible for the regular attendance of their children, school staff, as part of their duty of care, record and monitor part and whole day absences.

## ABSENCES

Children are allowed to be absent from school only for exceptional reasons such as illness. Parents and carers are asked to inform the school in writing, if their children will be away from school.

When your child is absent, you need to inform the school in writing with a reason for their absence within 7 days of them returning to school. Even if parents or carers have spoken to the teacher or called the school office, a written note or email is still required. The class roll is a legal document and can be requested by legal authorities at any time. If a written form of communication is not received explaining your child's absence, the school will send an SMS to the parents/carers asking for an explanation. A reply to this SMS is acceptable as an absence justification. An explanation is required for each child, each day they are absent.



## **LATE ARRIVALS/ EARLY DEPARTURES**

It is required that students arrive at school punctually i.e. by 8:50am. This will allow articles to be placed in the classroom or office, and for children to use the toilets if required. A bell rings at 8:55am signifying the start of class.

Students arriving after morning assembly need to be signed in by a parent or carer at the office. A 'Late Arrival' pass will be issued to the student who must hand it to their teacher upon arrival at the classroom.

If a student must be picked up before 2:55pm the parent or carer needs to present to the office to have the child signed out.

If a reason is not given by a parent or carer for a student's late arrival or early departure, the student's attendance will be marked as an unexplained and unjustified partial absence.

## **ASSEMBLIES**

The school holds a whole school assembly each fortnight on even weeks of each term. This assembly commences at 12:30pm. At these assemblies, students are rewarded and recognised for their educational, social and sporting achievements. Parents, families and friends are invited to attend our whole school assembly.

K-2 classes hold an assembly on the odd weeks where they participate in singing. At these assemblies birthdays are celebrated and novelty awards are given to students.

The school holds informal daily assemblies to start the day which involves the announcement of appropriate information, which the children require for the day ahead.

## PERMISSION NOTES

Permission notes are required for all school excursions. Permission notes are usually sent home at least 2 weeks prior to the event. They can also be accessed electronically from School Enews.

Return of permission notes is required by the due date specified on each note. The school can only accept written permission to attend school excursions and events.

Verbal permission cannot be accepted on the day of an event. Therefore, we strongly suggest all notes are returned by the due date, so your children do not miss out on these events.

If you require extended time to pay for an excursion or require financial assistance, please contact the office and arrangements can be made.

*\*\* Please note, attendance at an excursion is dependent on students' behaviour as per our student wellbeing policy\*\**

## STUDENT DETAILS

It is important to keep the school updated with your current contact and family details. These details will be reviewed at the beginning of each school year. An orange 'Change of Details' form is available from the office for when circumstances change throughout the school year. The 'Change of Details' digital form, available through the School Enews app, can also be used to update your details.

## STUDENT TRANSFERS

Parents must inform the school in writing regarding their intention to leave Freemans Reach Public School, their child's last day of attendance and provide new school details.

**Statement of Accounts must be settled prior to this date.** Library books and other school equipment must be returned prior to leaving the school.

## MONEY & PAYMENTS



All money sent to school must be placed in an envelope with your the child's name, class, school event and the amount enclosed written on the front. Permission notes and money should be placed in the money shute at the office, first thing in the morning. Money can be handed in on any day of the week.

Classroom Essential payments are required for goods and services and may include: subject contributions, online subscriptions, exercise books, technology levies and excursion fees. Voluntary school fees are kept to a minimal and are an affordable amount for each family.

Payments can be made by cash, online via our school website (please see page 13 for instructions) or via EFTPOS in the front office. We ask for all payments to be paid by the applicable due dates.

## LOST PROPERTY

Lost property is collected and placed in a container near the administration block. This is re-distributed to students if their name is clearly displayed. Many instances of lost property would be overcome by labeling all your child's possessions e.g. school bag, lunch box, drink bottle, clothing and especially school jumpers and hats.



## MOBILE PHONES / DEVICES

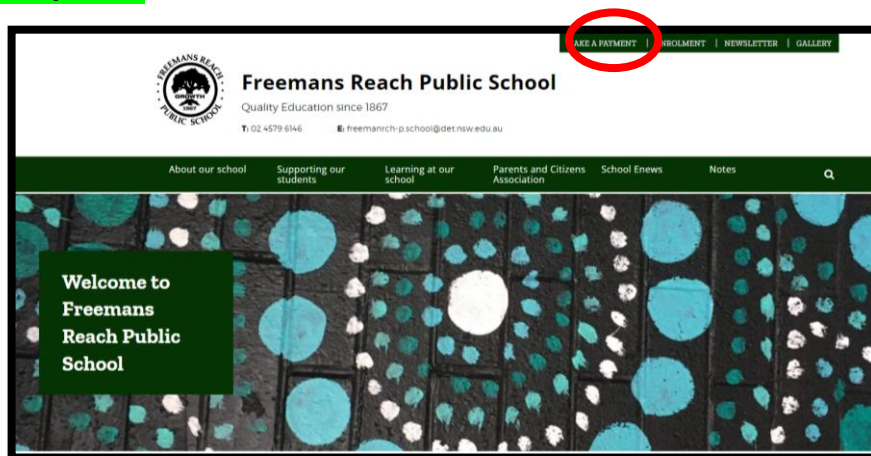
It is understood that some students may require a mobile phone/device to add security and safety on their trip to and from school. All mobile phones/devices are to be handed to the front office for safe keeping. All devices are to be signed in by students upon arrival to school and signed out by students at the end of the day. It is the student's responsibility to remember to collect their device in the afternoon. The school does not take any responsibility for lost, damaged or stolen devices left in school bags.



# Parent Online Payments (POP) Instructions

## 1. How do I access online payments?

You need to start by going to the school's website <https://freemanrch-p.schools.nsw.gov.au/> and select the **Make a Payment** link as indicated in the screenshot below.



## 2. Student Details

Fill in the details of the student you are paying for. Fields required to be filled in are; Student given name, Student family name, Student date of birth and Student year or class name. **NOTE: Student registration number and Student invoice number are not required, please leave these fields blank.**

Select the Next button.

## 4. Contact Details

Fill in your details of the student you are paying for. Fields required to be filled in are; Your given name, Your family name, Your email address, Confirmation of your email address and Your phone number.

Select the Next button.

## 5. Payment Details

Enter details for what you are paying for. Select an option from the Payment type drop down menu.

Payment types options include:

Voluntary school contribution - use this for general contributions or donations;

Subject contribution - use this for contributions for specific subjects

Excursions - use this for specific excursions

Sport - use this for any sporting activities

Creative & Practical Arts - use this for drama, dance, craft levies

Sales to Students - use this for anything purchased by a student eg. Recorder, school badge

Other – for all other payments

**IF YOU ARE UNSURE OF WHICH OPTION TO CHOOSE PLEASE CONTACT THE SCHOOL AND ASK FOR CLARIFICATION.**

Enter the name of the event in the Payment description field. Enter the Payment amount.

Select the Add another item button to pay for more than one event. Select the Next button.

## 6. Review Details

Review the details you have entered to ensure they are correct. Select the Previous button to make changes. Select the Next button if details are correct.

## 7. Enter Card details

Please enter payment details. Select the Submit button.

**8. Record your receipt number and date paid on your child's permission note and return signed permission note to the school office.**

**9. You will now receive a receipt of payment to your nominated email address.**

## SCHOOL NEWSLETTER

The school newsletter is published three times a term. Parents receive a digital Microsoft Sway link via School Enews. This is an eco friendly way to distribute information which includes class information, upcoming events, award winners, photos and is an important communication link between home and school. The school newsletter is also uploaded onto the school website and posted to our Facebook page.



## SCHOOL ENEWS & FACEBOOK

The school uses **School Enews** and **Facebook** to keep our families up to date with information.

These are our main platforms to keep parents informed of school events, changes to routine and emergency alerts. The schools official

Facebook page can be found at

<https://www.facebook.com/freemansreachps/>

The newsletter, relevant notes and information

for specific year groups and whole

school events are uploaded regularly to School

Enews. You can subscribe to School

Enews through the app on your device by

searching for the school. You can also receive

email updates by subscribing through our

school website.

A promotional graphic for the SchoolEnews app. It features a green background with the SchoolEnews logo (a blue circle with a white arrow) and the text "SchoolEnews". Below this, it says "Schools send free alerts and notes, newsletters, notices, events, news and more to parents." To the right is a smartphone displaying the app's interface. Below the phone, there are instructions for installation on iPhone/iPad, Android, and other devices. At the bottom, there are buttons for "Available on the App Store", "GET IT ON Google play", "Download from Windows Store", and "Get it everywhere Web App". A handwritten note in green says "School Enews delivers news directly to parents and students!".

**How to install your School App**

**iPhone and iPad Users**

- 1) Press App Store icon on your device
- 2) Press Search and type in your school name
- 3) Press "Get", the app will download
- 4) Press "Open" and accept "push alerts"

**Android Users**

- 1) Press Play Store icon on your device
- 2) Press magnifying glass and type in your school name
- 3) Press "Install", the app will download
- 4) Press "Open"

**Configure Push Alerts**

- 1) Press "Settings / Cog" icon
- 2) Turn off the lists you don't want

**Other Smartphones and Tablets**

Visit <http://app.schoolenews.com> for more apps

**Subscribe for Email Updates**

- 1) Visit your school website
- 2) Click "School Enews" or "Newsletters & Notes" top heading (might differ slightly)
- 3) Under the "Subscribe" heading, tick on appropriate lists
- 4) Enter in your name and email address.
- 5) Click Subscribe (IMPORTANT: An email will be sent to your email address, you MUST click the "Activate Now" inside this email that is sent to you)



Don't forget to Like us on Facebook.com/schoolenews  
Find out more at [www.schoolenews.com](http://www.schoolenews.com)

## **STATIONERY & EQUIPMENT**

Students may be asked to bring a number of items to use in the classroom, usually at the beginning of the year, by their class teacher. However, we stress that pencil cases and items that are brought to school should be inexpensive and clearly marked with the child's name.

K-2 students will be asked to bring a homework book, a folder for home reading, glue sticks, box of tissues, roll of paper towel and a paint shirt. In addition to those things, students in 3-6 may be asked to bring pencils, textas, pencil sharpener, scissors and a ruler.

## **HIGH POTENTIAL AND GIFTED EDUCATION**

Identified students are offered opportunities to supplement and extend their learning in everyday classroom activities and through special events provided for their recognised talents. Through the use of extension programs, web quests, advanced literacy texts and lateral thinking mathematical challenges, the students have the opportunity to work to their potential. External programs in debating, public speaking, district enrichment courses, leadership, workshops and sport representation are programs available to our students.

## **FITNESS PROGRAM**

The whole school participates in a fitness program encompassing stretching, aerobic exercises, dance, circuit training, skipping, dance and running activities throughout the week. Students usually complete their fitness session in the morning.



## EXCURSIONS AND VISITING PERFORMANCES

Excursions provide wide opportunities of personal, social and educational development. It is strongly recommended and expected that your child attends excursions when appropriate.

Excursions are arranged to fit in with specific educational programs according to the curriculum. Virtual excursions are undertaken in classrooms providing further enrichment opportunities.

Inter-school visits and carnivals are arranged and details of these are sent prior to the occasion requesting an attached permission note to be returned to the office with payment. Travel is by bus when sufficient numbers of children are attending. Private transport is arranged for events such as District sporting events, Gala Days, visits to the local shopping centre and other local programs. Where private transport is arranged, parents are asked to organise transport for their child if they are unable to drive. A driver's declaration form must be filled out and returned to the school office along with vehicle and license documentation.

### Major Excursions/Camps

Year 3/4 Alternating Location - 2 days/1 night



Year A Year 5/6 Sport and Recreation Camp-3 days/2 nights

Year B Year 5/6 Canberra/Snowy Mountains-3 days/2 nights

For overnight excursions the return of all permissions and medical forms are compulsory.



## BOOK CLUB

Scholastic Australia is a book company which allows parents to purchase books at an economical price through the school.

Flyers containing the advertised books are sent home and parents are asked to use the Scholastic/LOOP website to process their orders.



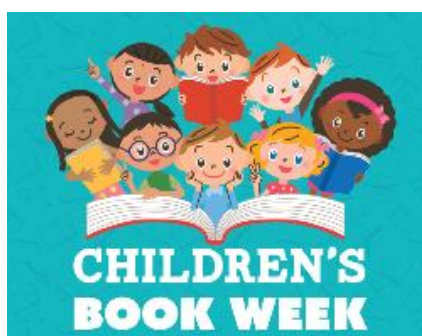
The LOOP App is also available to download which enables you to process your book club order.



## EDUCATION WEEK

### BOOK WEEK/BOOK FAIR/BOOK CHARACTER PARADE

This exciting literacy event occurs in third term each year. During library lessons, students are given the opportunity to browse several books which can be purchased from the Book Fair for use at home. Purchasing books from the Book Fair awards our school with points, which we can then redeem for new books to be added to our school library. Students are encouraged to dress up as their favourite literary character and parade in front of an assembly of family and friends for the Book Character Parade.





## TRANSPORT

Our children travel to and from school by car, bus or walk. It is very important for parents to obey traffic rules, parking signs and speed limits.

There is an official 'zebra' crossing at the front of the school which is supervised by a Transport for NSW Crossing Supervisor. Teachers supervise the safe exit through the school gates and the alighting of students onto the numerous school buses in the afternoon.



## OPAL CARD

The School Opal card gives eligible school students free or subsidised travel on public transport between home and school on trains, buses, ferries and light rail in the Opal network. School Bus timetables are available from the school office or from the Busways website: <https://www.busways.com.au/nsw>

To apply for a School Opal Card, please go to:

<https://apps.transport.nsw.gov.au/ssts/home#/>



## BICYCLES

Children who ride bicycles to school are not permitted to ride the bike within the school grounds. Bikes should be walked to the racks provided. The school encourages families to follow the Transport NSW guidelines that students should not ride their bikes on the road until the age of 16 years or over.

For their own safety, children who ride bikes to school:

- Must wear a Standards Association approved helmet
- Should have a lock with which to secure their bike
- Should ensure their bike is roadworthy
- Should know the road rules and apply them



## CRUNCH & SIP

Crunch&Sip is a set break to class time, usually occurring during the morning session where students re-fuel with fresh fruit or vegetables from home and a drink of water, thus, assisting physical and mental performance and concentration in the classroom. Through Crunch&Sip, the school demonstrates a commitment to nutrition education in the classroom, by making links with the curriculum and creating a supportive school environment.

The objectives of the Crunch&Sip break are to:

- Increase awareness of the importance of eating fruit or vegetables and drinking water every day
- Enable students, teachers and staff to eat fruit or vegetables during an allocated Crunch&Sip break in the classroom
- Encourage students, teachers and staff to drink water throughout the day in the classroom, during break times and at sports, excursions and camps
- Encourage parents to provide students with fruit or vegetables every day



## EXTREME WEATHER

Shady areas for quiet play are available for all students and all classrooms are air-conditioned. Teachers will ensure the safety and wellbeing of all students in all weather conditions.

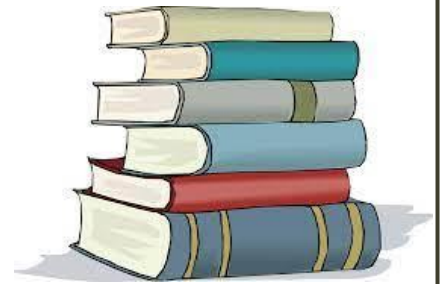
During extreme weather, to ensure safety of everyone, students will have use of the hall for passive play or remain in their classrooms.



## LIBRARY

The Library is the resource centre for the school, housing books, pictures, magazines, multimedia software, audiovisual equipment and games.

Children are encouraged to borrow from the library on a weekly basis. It is advisable for all children to have a material library bag (with a draw string), that is big enough to hold a large book.



Library lessons are led by our Teacher Librarian. This is their day to borrow books.

Library Monitor positions are open to Year 5 students each year.

## RELIGIOUS EDUCATION

Students in NSW Government schools have the right to religious instruction for up to one hour per week. Religious instruction is usually called Scripture. Members of the clergy or people attached to churches visit the school to give 30 minute scripture lessons on Wednesday mornings. If your religion is not taught at the school, you can apply to the principal to see if this can be arranged.

Current religious classes include: Anglican, Catholic and Non-Scripture.

## PEER LEADERSHIP

The school leaders, SRC and Stage Three students lead the school in many aspects. Students are elected into positions of responsibility which include leading the school as captains, sporting house teams, peer reading, SRC and library monitors. They also have the opportunity to take on roles throughout the school that ensure the smooth running of many programs. These students are also trained to work with the younger students in peer group situations.

## STUDENT LEADERS



Each year the staff and K-5 students elect four Year 5 students to represent our school in the following year as Student Leaders. These students take on an important responsibility to represent our school at a range of events throughout the year and lead our fortnightly assemblies.

## STUDENT REPRESENTATIVE COUNCIL

Students from Kindergarten to Year 6 have the opportunity of contributing greatly to our school through the Student Representative Council (SRC).

The SRC aims to:

- Involve students in the decision making process of the school
- Provide opportunity for students to build confidence and leadership skills
- Enhance school tone to build a sense of pride and ownership of the school, and
- Improve liaison between staff and students



SRC delegates are democratically elected for a year and attend meetings with the staff member responsible for this program.

# TECHNOLOGY

Freemans Reach Public School students and staff value the learning experiences that technology can provide and endeavour to implement the use of devices in a wide range of Key Learning Areas. Each class block has a mini lab with a mix of iPads, desktop computers and/or Chromebooks and an Interactive Whiteboard. Each classroom is supported by printer and network access to develop their technology skills.

Our Computer Lab houses a network of computers, laptops, copier and an interactive whiteboard. Students have access to video and digital cameras and iPads.

Students use technology on a regular basis. All students and staff have their own e-mail address and the opportunity to participate in organised forums and chats on educational matters across the school. All devices have internet access and the schools Internet Usage Policy is strongly adhered to for the protection of our students.



# HOMEWORK

The purpose of homework, like schoolwork, is learning. Homework is important for students of all ages, as it helps them build on what they have already learnt in the classroom, and prepares them for the next stage in their learning. Research carried out in Australia and overseas shows a clear link between the time spent by students on out-of-class study and student achievement.

Homework is a partnership between home and school and helps foster good working habits. Teachers, students, parents and carers should see it as a vital part of the home-school partnership, which supports young people while they learn.

## Responsibilities



The role of the teacher is to:

- Ensure homework is related to the work being done at school
- Set homework which allows students to demonstrate what they are capable of, and which challenges them to progress
- Ensure students are aware of what is expected of them
- Help parents understand what homework is required
- Communicate with parents about areas of concern related to homework
- Mark/assess homework

The task of the student is to:

- Complete homework within the given time frame
- Maintain a homework record for their teachers and parents
- Show their homework to their parents or carers.

Parents and carers can help by:

- Giving students sufficient time for the completion of tasks
- Supporting and encouraging students in completing homework
- Providing, if possible a dedicated place, desk with good lighting for work and study
- Communicating with teachers about any concerns with homework or their child's approach to homework

## HOMWORK GUIDELINES

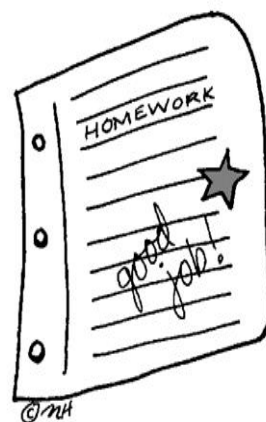
Homework provides real opportunities for children to learn at home, assisted by their parents and caregivers. Parents can greatly assist their young child's learning by talking with them about school and by becoming involved in their homework activities.

Parents can help develop their child's reading by listening to the child read, giving praise and reading to their child.

Most everyday activities at home and in play provide opportunities for parents to help young children develop numeracy, problem solving abilities, and a wide range of skills. In their early years, children may be involved in such regular homework activities as home reading schemes, library borrowing and language activities. As students progress through primary school, they will increasingly work independently on their homework. Activities may include completion or work, additional formal book work and tasks, reading, research, observation and data collection, designing, making and practical tasks.

Suggested homework time per day:

Kindergarten	5 minutes to 10 minutes
Years 1 and 2	20 minutes to 30 minute
Years 3 and 4	30 minutes to 45 minute
Years 5 and 6	30 minutes to 1 hour





# SCHOOL UNIFORM

**Variation to Uniform** - Year 6 students purchase a commemorative shirt worn in their graduation year.

## FREEMANS REACH PUBLIC SCHOOL

# UNIFORM PRICE LIST

### Girls Uniform

Dress Check	\$53.00
Polo Short Sleeve Bottle/Mint	\$32.00
Skirt Check (Year 3-6)	\$45.00
Skort Gaberdine Bottle	\$22.00

### Boys Uniform

Polo Short Sleeve Bottle/Mint	\$32.00
Shorts Cargo Bottle	\$20.00
Trousers Cargo Bottle	\$26.00

### Winter Uniform

Polo Long Sleeve Bottle/Mint	\$38.00
Jumper Fleece Bottle	\$23.00
Jacket Fleece Full Zip Bottle	\$30.00
Track Pants Fleece Bottle	\$30.00

### Sports Uniform

Polo Bottle/White	\$35.00
Shorts Bottle	\$28.00

### Accessories

Hat Bucket Bottle	\$15.00
Hat Wide Brim Bottle	\$15.00
Beanie	\$5.00
Scarf	\$5.00
Library Bag	\$15.00

Prices effective 10 October 2022. Prices are subject to change.



### ONLINE UNIFORM SHOP

Scan the QR code to find your school uniform online at [theschoollocker.com.au/schools/freemans-reach-public-school](https://theschoollocker.com.au/schools/freemans-reach-public-school).

Collect purchases from Hawkesbury High Uniform Container, 1 Hibberts Lane, Freemans Reach  
Tuesday 8:15am - 10:15am and Thursday 8:15am - 10:15am during the school term.

Email [hawkesburyhs@theschoollocker.com.au](mailto:hawkesburyhs@theschoollocker.com.au) or phone 0407 248 971 for assistance.





# SCHOOL UNIFORM



## ONLINE UNIFORM SHOP

### Shop Online Anytime

Freemans Reach Public School uniforms are available from the School Locker website. Choose to have your order home delivered or collect your purchase from Hawkesbury High School.

Scan the SHOP ONLINE QR CODE to view your school uniform online at [theschoollocker.com.au/schools/freemans-reach-public-school](https://theschoollocker.com.au/schools/freemans-reach-public-school)

The website also stocks a great range of other items for school including stationery, technology, footwear, musical instruments and sports equipment. Online payment options include Visa, Mastercard, PayPal, ZipPay and LatitudePay.

### Contact Details

Hawkesbury High School Uniform Container  
1 Hibberts Lane, Freemans Reach

Open Tuesdays and Thursdays 8:15am - 10:15am during term time.

Contact: Irene Grech  
Email: [hawkesburyhs@theschoollocker.com.au](mailto:hawkesburyhs@theschoollocker.com.au)  
Phone: 0407 248 971

### Student Advantage Membership

Be sure to set up your free Student Advantage Membership. Login each time you shop online to access special pricing and ensure your school earns revenue from all your purchases.

[theschoollocker.com.au/customer/account](https://theschoollocker.com.au/customer/account)

### Size Guarantee

A uniform size guide has been included on the website to help you with your size selection. A size set is also available to try on at the school office.

We understand that children are constantly growing. If any of the uniform items you purchase do not fit properly, we will gladly exchange them for identical items in the correct size.

Exchanges can be made up to 60 days after purchase. Items must be returned in the original packaging, be unworn except for trying on, unwashed, unaltered, and with tags and labels intact. Exchanges are subject to stock availability and proof of purchase is required.

Please email [hawkesburyhs@theschoollocker.com.au](mailto:hawkesburyhs@theschoollocker.com.au) if you need to arrange an exchange.



# SCHOOL UNIFORM

## GET THE STUDENT ADVANTAGE

Follow these simple steps to access the School Locker's Student Advantage Program. To learn more scan the QR code below and watch our explainer video.

[THESCHOOLLOCKER.COM.AU/CUSTOMER/ACCOUNT](https://theschoollocker.com.au/customer/account)

### STEP 1

Log in or Create an Account

**NEW CUSTOMERS**

Create an account by:

- Check out online
- Enter multiple shipping addresses
- Make your orders
- Register for a Student Advantage membership

**REGISTERED CUSTOMERS**

If you have an account with us, please log in.

\* Email Address

\* Password

\*\*Required Fields

Log In

CREATE AN ACCOUNT

Forgot Your Password?

#### Are you a new customer?

Click CREATE AN ACCOUNT and go to Step 2.

#### Do you have an account but need to set up your Student Advantage Membership?

Login to your account using the REGISTERED CUSTOMERS form. Refer to Step 3 instructions.

### STEP 2

Create an Account

**PERSONAL INFORMATION**

First Name\*

Last Name\*

Student

Email Address\*

Log In to Remember

**ACCOUNT INFORMATION**

Password\*

Confirm Password\*

Log In

REGISTERED CUSTOMERS

Complete the CREATE AN ACCOUNT form.

You will be re-directed to the MY DASHBOARD page.

### STEP 3

My Dashboard

**Health, Student Status**

From your My Account Dashboard you have the ability to view a snapshot of your recent account activity and update your account information. Select a link below to view or add information.

**ACCOUNT INFORMATION**

Account Information Edit

Address Book Edit

My Orders

My Product Reviews

My Wishlist

Newsletter Subscriptions

**STUDENT ADVANTAGE INFORMATION**

Add your existing card or generate a Student Advantage number

STUDENT ADVANTAGE CARD NUMBER

Generate a Student Advantage number

Click on the STUDENT ADVANTAGE CARD NUMBER button. You will be re-directed to the EDIT ACCOUNT INFORMATION page.

### STEP 4

Edit Account Information

**ACCOUNT INFORMATION**

First Name\*

Last Name\*

Student

Email Address\*

Student@school.com

Change Password

**STUDENT ADVANTAGE INFORMATION**

Add existing Student Advantage number

Generate a Student Advantage number

STUDENT ADVANTAGE CARD NUMBER

Generate a Student Advantage number

If you **DON'T** have a Student Advantage Number, click on the FOR K-12 STUDENTS CLICK HERE button. A pop-up window will appear. Complete your details including parent/guardian name, email address, student name, school and year level. Click SUBMIT. This will immediately assign your Student Advantage number to your account. Click SAVE and you will see Student Advantage pricing each time you login.



## HEALTH

It is essential that the school receives information of each child's immunisation status before starting school. All children starting school must submit an immunisation certificate from Medicare prior to enrolment. Advising the office staff of any allergies or special health issues, concerning your child, is also essential to their well-being. Parents are advised not to send their child to school if they are unwell. The best place for a sick child is their home. Parents are expected to collect their child from school if they are unwell and have been notified by the front office.

## ALLERGIES/ANAPHYLAXIS

Students with allergies or anaphylaxis need to provide an ASCIA Action Plan for Allergy Reactions completed by a medical practitioner outlining the course of action should an allergic reaction occur at school. Action plans can be downloaded at <http://www.allergy.org.au>

## HEAD LICE

Head Lice is a very common problem in all schools. Parents are advised to check their children's hair at regular intervals. If you discover lice, please notify the school immediately so that action may be taken to advise other parents that the problem exists.

If a note is sent home regarding head lice, please act on it by using a reputable product and use the suggested methods of removal. Head lice does not discriminate, it loves clean hair. More information and tips can be found at:

<http://www.health.nsw.gov.au/PublicHealth/environment/headlice/index.asp>.

## **MEDICATION**

Because of the obvious dangers of children bringing medication to school, the following should be noted:

- If medication is to be given at school, a 'request to administer medication' form must be filled out by a parent or guardian. These are available at the office.
- If medication must be given during school hours it must be sent to the office first thing in the morning by an adult. No medication may be left in a child's schoolbag. The medication must be clearly labeled in original packaging with a pharmacy label. confirming the child's name and dosage instructions
- The School Support Staff will administer medication, but parents must be aware that it is the child's responsibility to come for that medication
- A medical register is maintained for all children on medication

## **ASTHMA FRIENDLY SCHOOL PROGRAM**

School staff receive regular training as part of the Asthma Friendly School Program. Students are encouraged to keep their inhaler with them once they are capable of administering their dosage without assistance. Younger students need to keep an inhaler at the office for staff to assist and monitor dosages and application procedures.

An asthma action plan must be submitted by parents/caregivers and signed by a doctor. It is the responsibility of the parent to ensure these are current. You can obtain a copy of the Asthma Action Plan from the following link:

[http://www.asthmafoundation.org.au/asthma\\_action\\_plan.aspx](http://www.asthmafoundation.org.au/asthma_action_plan.aspx)

This action plan must be updated every 12 months at the school office or earlier if the action plan changes.

## INFECTIOUS DISEASES

The following is a list of common ailments and suggested action. Your child may contract these during their school career. The school should be advised if any of the following illnesses are contracted. Students who do not have proof of immunisation may have to stay at home during an outbreak of a vaccine preventable disease at school. Schools and parents should contact their local public health unit for advice regarding infectious diseases.

Please see the following links for more information.

<https://www.health.nsw.gov.au/Infectious/factsheets/Pages/childhood.aspx>

<https://www.nsw.gov.au/covid-19/education>

<https://education.nsw.gov.au/covid-19>

Chicken Pox	Exclude until all blisters have dried.
Conjunctivitis	Exclude until discharge from eyes has ceased.
Coronavirus (COVID-19)	Exclude until a COVID-19 negative test result has been received and provided to the school and symptoms are no longer present. Current NSW Health and DoE guidelines must be adhered to.
Gastroenteritis	Exclude until there has not been a loose bowel motion for 48 hours
Head lice	Exclude until hair is treated.
Impetigo (School Sores)	Exclude until appropriate antibiotic treatment has started. Any sores on exposed skin should be covered with a watertight dressing.
Mumps	Exclude for 9 days from the onset of swelling.
Hepatitis A	Exclude until your doctor provides a medical certificate of recovery and until at least 7 days after the onset of jaundice.
Whooping Cough (Pertussis)	Exclude for 21 days from the start of their symptoms, or until they have taken an appropriate antibiotic for at least 5 days.
Measles	Exclude for at least 4 days after the rash appears. Non-immunised children who are contacts of a measles case are excluded for at least 2 weeks after they have been exposed to the case. The local public health unit will provide specific advice.
German Measles (Rubella)	Exclude until fully recovered or for at least 4 days after the rash appears.
Influenza	Exclude until they are well again
Scarlet Fever	Exclude until the day after appropriate antibiotics have been started and the child feels better.

## SUNSMART POLICY

The school SunSmart Policy recommends:

- The school hat is a compulsory part of the school uniform.
- Hats are to be worn at morning play, assembly, recess and lunch or the child will be restricted to undercover areas. Children are not to participate in sport without a hat.

The school's Student Welfare Committee discussed the SunSmart Policy for primary schools issued by the NSW State Cancer Council. The committee recommended that:

- The broad brimmed hat is a compulsory part of the school uniform.
- Hats are to be worn at morning play and assembly, recess and lunch or the child will be restricted to the covered area near the office. The school principal uses this rule at their discretion.

Students are not to participate in sport without a hat.



Slip



Slop



Slap



Seek



Slide



Protect yourself in five ways from skin cancer



## ASSESSMENT AND REPORTING PROCEDURES

Students are assessed regularly throughout the year using school based assessment tasks and standardised tests. These procedures allow teachers to diagnose areas of concern so that support programs can be implemented. Formal assessments include Best Start testing in Kindergarten and NAPLAN (National Assessment Program – Literacy and Numeracy) in Years 3 and 5.

Term 1	Best Start testing for Kindergarten students
Term 1	Parent Information Evening
Term 1	Parent/Teacher Interviews
Term 1	NAPLAN testing for Year 3 and 5
Term 2 & Termly	Year 3,4,5 and6 Check-In Assessments
Term 2	Student progress reports
Term 4	Student progress reports

Assessment of all areas of student learning is an ongoing requirement for all teachers. Positive communication between home and school throughout the year is most important for success. Curricula are now written with outcomes that children will gradually work through. Grades are divided into stages. Those stages are:

Kindergarten	-	Early Stage One
Years 1 and 2	-	Stage One
Years 3 and 4	-	Stage Two
Years 5 and 6	-	Stage Three

## POSITIVE BEHAVIOUR FOR LEARNING

Our aim is to recognise positive contributions that are made by the students, to encourage student academic performance and to improve self-esteem.

Positive Behaviour for Learning (PBL) is an educational process that brings together the whole-school community to contribute to developing a positive, safe and supportive learning culture. The PBL framework assists schools to improve social, emotional, behavioural and academic outcomes for children and young people. PBL is a process, not a program.

At Freemans Reach Public School, PBL is integrated into our daily practices, so teachers and students have more time to focus on relationships and classroom instruction.

Our SCHOOL EXPECTATIONS are-

**Be safe**  
**Be respectful**  
**Be a good learner**  
**Be environmentally friendly**

Our whole-school reward system aims to encourage students for the effort and good choices they make with their learning, their behaviour and their relationships.

Of course, in life, not everything we do is met with reward. Our PBL process, supports children in making good choices right now- by providing incentive and motivation, so they can make these good choices as young adults. Intrinsic motivation is the ultimate goal. But for young students, this needs to be strategically worked towards. As adults, we too respond to external motivation or incentive.

Incentive helps our children to value their own effort and achievements and see the direct link between determination and reward. For children (and adults), motivation can take many forms.

<https://education.nsw.gov.au/student-wellbeing/whole-school-approach/positive-behaviour-for-learning-pbl>



# POSITIVE BEHAVIOUR FOR LEARNING

## How does it work at Freemans Reach Public School?

### ZAP Award

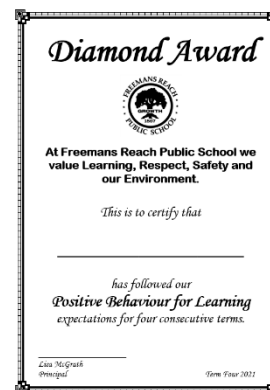
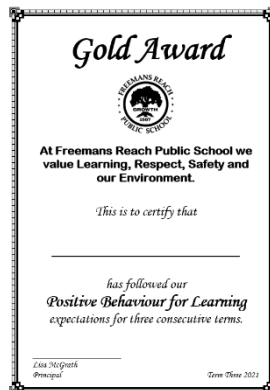
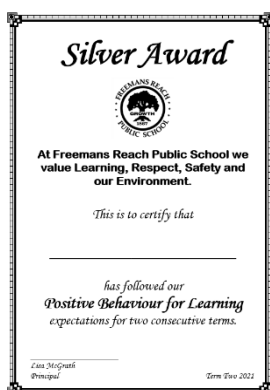
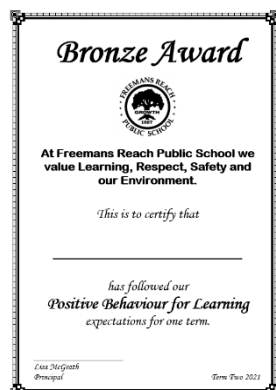
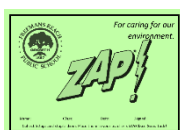
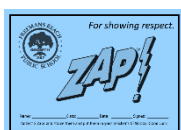
Students earn ZAP Awards for demonstrating positive behaviours under each of the four school expectations. (Be safe **RED**, Be respectful **BLUE**, Be a good learner **PURPLE**, Be environmentally friendly **GREEN**). Specific reasons may include – classroom academics, sporting effort, classroom behaviour, playground behaviour, encouragement, completing homework etc. Teachers are asked to make a conscious effort to hand out a minimum of 5 per day. Students are responsible in collecting and keeping their ZAP awards.

### STAR Award

Once a student has earned 5 ZAP Awards they swap them for 1 STAR Award. Their 5 ZAP Awards must come from at least 2 separate School Expectations. Classroom teachers will record and administer this on Sentral and kept by the classroom teacher. The STAR Award is presented by the classroom teacher during class time. Students collect and keep their own STAR Awards.

### SPIRIT Award

Once students have earned 5 STAR Awards (25 ZAP Awards), they swap them for 1 SPIRIT Award. The school front office will collect, record and administer this. Students and their families will be invited to attend a Principal's Morning Tea where they will receive their congratulatory certificate from the Principal in a special ceremony.



# POSITIVE BEHAVIOUR FOR LEARNING

## Freemans Reach Medal

If students earn 5 SPIRIT Awards (125 ZAP Awards) in any number of years and one Diamond Award of that current year, they are eligible to receive a Freemans Reach Medal at the end of year Presentation Ceremony. The student must hand in the 5 SPIRIT Awards received at the Morning Teas. **ZAP and STAR Award bundles will not be accepted. THEY HAVE TO BE 5 SPIRIT AWARDS.**

**Principal Medal cut off will be Friday Week 6 Term 4, 3:00pm of each year. Late documentation will not be considered.**

Once a student earns a Freemans Reach Medal, if they are eligible to earn a second one the next year (with that current year's Diamond Award), they will receive a SILVER Freemans Reach Medal, then a GOLD Freemans Reach Medal, then a Diamond Freemans Reach Medal.

## Year 6 – Term 4 Incentive

After the Term 4 ZAP cut off, Year 6 students are eligible to receive a prize with their ZAPS earned for demonstrating the four expectations of behaviour. At the last day leaving ceremony, one student will be drawn out to win a prize.

## **BEHAVIOUR LEVELS SYSTEM (Rewards and Consequences)**

The policy is a level system consisting of four levels of consequences and four levels of rewards. These levels provide students, staff and parents with a clear understanding for student behaviour and procedures for reward and consequences. When poor behaviours are exhibited, students will pass through the lower levels. Assistant Principals will collaboratively make the decision of student movement between levels, positive and negative, this process may involve consultation with the Principal and classroom teacher.

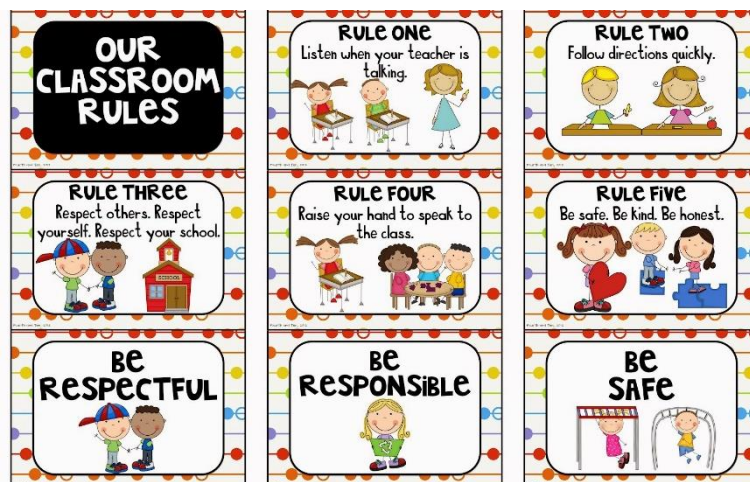
If a student receives no detention for one term, they move to a Bronze certificate. If a student receives no detentions for two consecutive terms they receive a Silver certificate. If a student receives no detentions for three consecutive terms, they receive a Gold certificate. If a student receives no detentions for four consecutive terms they receive a Diamond certificate. These awards will be presented at the end of each term. Students can still move from consequence levels one to four during this time.

# STUDENT WELLBEING

The school has a Student Wellbeing Policy. It aims to promote:

- The academic, personal, social, intellectual and spiritual development of each individual
- A sense of enjoyment and satisfaction from learning
- An ability to communicate effectively
- A coherent set of values to guide behavior
- A sense of personal and social responsibility for their actions and decisions
- A sense of personal dignity and worth
- Self reliance
- A feeling of belonging to the wider community
- A caring attitude towards others
- An ability to form satisfying and stable relationships, and
- Informed, positive and healthy attitudes towards drug education

Classroom and school expectations are discussed regularly and displayed so that students are well aware of what is required from them in the classroom and in the playground. Students rights and responsibilities are listed in the Student Wellbeing Policy.



## **SPECIALISED SERVICES**

The services of specialised personnel are available for those children who experience learning, social or emotional problems. The School Counsellor and the School Learning Support Officer are qualified personnel who play a major role in aiding the whole development of the child.

### **SCHOOL COUNSELLOR**

The Department of Education Counsellor is available for consultation and is on site at our school once a fortnight.

The role of the School Counsellor is to:

- Carry out assessments of the behaviour and/ or abilities of students with special needs
- Recommend special placements or transfers
- Contact people who can be helpful in providing further assistance for parents

## LEARNING SUPPORT

The school Learning and Support Teacher works with class teachers to meet the needs of students experiencing difficulty. The School Learning Support Officer (SLSO) also assists teachers and students.

The role of the Learning and Support Teacher is to:

- Assist the classroom teacher to prepare special programs for students with learning difficulties in literacy and numeracy
- Assess and maintain progress records on these students
- Provide a link to support agencies, in conjunction with the School Counsellor, and experts for further assistance of students, and
- Advise parents and SLSOs on ways to support children with learning difficulties in daily programs



## HOME SCHOOL LIAISON OFFICER

The Home School Liaison Officer is employed by the Department of Education to assist with attendance matters within public primary and high schools.

It is the Home School Liaison Officer's duty to:

- Be the contact person between the home and the school in an attempt to improve attendance at school
- Encourage favourable attendance practices of students
- Identify and rectify school-based and/or home-based factors contributing to non-attendance, and
- Minimise truancy, fractional truancy and other unacceptable absences

## PERFORMING ARTS

The school has a rich and successful history in the performing arts including dance, drama, music, public speaking, debating and visual arts.

Groups have performed at local, district and state level events eg Hawkesbury Eisteddfods, Sydney West Dance Festival, Blue Mountains Nepean Dance Festival and School Spectacular.



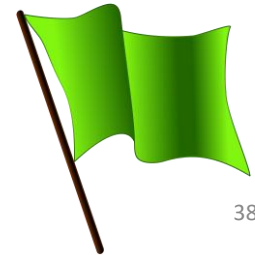
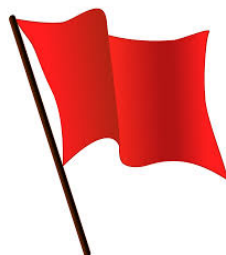
## SCHOOL SPORT

Primary students are required to wear their sports uniform on special sporting days such as gala days, carnivals and clinics.

Sport is held in the mornings in the summer months to support our SunSmart Policy. School sport encompasses fundamental ball skills, minor games, dance and gymnastics.

## SPORT HOUSES

The school sport houses are Wallabies (blue), Kangaroos (red), Emus (yellow) and Possums (green). Newly enrolled student are allocated to these houses with all members of a family group being placed in the same house.

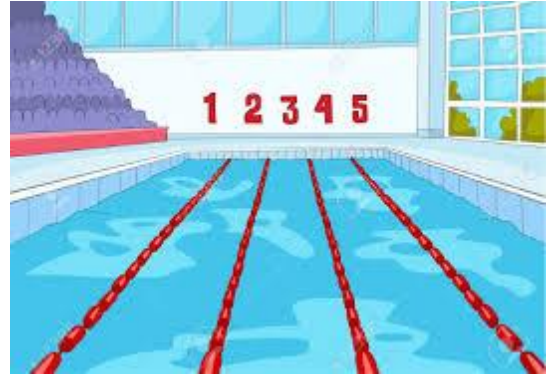


# SCHOOL SPORTS CARNIVALS

## SWIMMING CARNIVAL

The swimming carnival is held in Term one of each year and competitors attend Richmond Pool for an evening event of races and relays.

This is well supported community event.



## CROSS COUNTRY CARNIVAL

The school runs a cross country event on the school grounds around the end of Term Two for all students.

Students from ages 8 to 13 years are able to represent the school at District Carnivals.

The junior students run a 2 km course and the senior students run a 3 km course.



## ATHLETICS CARNIVAL

The athletics carnival is held at the start of Term Three and is another well supported community event.

The program consists of track events and ball games.

The field events of shot put and long jump are conducted at school throughout the lead up week, with the top 6 finalists competing on the day of the carnival.





## ZONE REPRESENTATION



Representation at Zone Carnivals is available to large numbers of our 8 to 13 year old's in the area of swimming, cross country and athletics. A team is selected from our school events.

Students who qualify at the Zone Carnival may be selected to participate in the Regional Carnival.

## LEARN TO SWIM PROGRAM

A learn to swim program is available for all students from Year 2 to Year 6 usually in Term 4.



It is conducted by professional swimming teachers at

Richmond Pool at a reasonable cost. We encourage all students to participate and groups are leveled according to ability. Our school teachers attend to assist and encourage progress.

## SPORTS CLINICS

Sport Clinics are available throughout the year and these external programs are taken up by the school when they are seen to support the programs operating across the PD/PE/Health syllabus.

## SPORTING SCHOOLS PROGRAM



Each term our school applies for the sporting schools grant which can be used for sporting lessons and equipment for our school. If successful, we are able to offer sporting programs to our students, free of charge during school hours.



## PARENTAL INVOLVEMENT

Parents can assist the students and the school in many ways and their contributions are always appreciated:

- Classroom helpers for groups
- Transportation to events
- Attendance at special days
- Sharing interests, knowledge or talents
- Being an active member of the school P&C
- Lending a hand in the school canteen and at fundraisers

Parents must complete a Declaration for Volunteers (available from the front office) and provide Photo ID before volunteering in the school.

Please see the office for this form or for further information.



## PARENT AND CITIZENS ASSOCIATION

The Parents and Citizens Association meets on the second Wednesday of each month during school terms. Meetings are held at 6:30pm-8:00pm in the school staffroom. We hope that parents and carers will come to the meetings to:

- Discuss fundraising activities, how money raised can be spent in the best interest for your children
- Local community events and
- Engage with the school to enhance the home/school partnership

### P&C PAYMENTS

The P&C accept payments via cash and direct deposit.

**SCHOOL SHOP ONLINE:** Orders can be placed through this online platform for lunch orders. Canteen lunch orders **MUST** be placed **BEFORE 9:00am** the day of the order. Please go to [schoolshoponline.net.au](http://schoolshoponline.net.au) to register your details and create an account.

**CASH:** Must be placed in an envelope with the relevant order form and handed in to the school office. Change will be returned to your child/children soon after.

**DIRECT DEPOSIT DETAILS:** Please use the bank details listed below and when prompted, please use your child's family name as the reference.

Account Name: Freemans Reach P&C Association

BSB: 032 272

Account Number: 302 260

[freemansreachpandc@hotmail.com](mailto:freemansreachpandc@hotmail.com)



# P&C ASSOCIATION

# CANTEEN



The canteen at Freemans Reach Public serves healthy recess and lunch and lunch options. Lunch orders should be handed to the teacher on duty in the morning before school, or placed online before 9:00am the day of the order. A price list can be found on the school website and a hard copy is available from the front office. It is a healthy menu that follows the guidelines of the *Fresh Tastes @School* NSW Healthy Canteen Strategy.

Our Stage 3 students sell fruit flavoured slushies in Summer on the days when the canteen is closed. The money raised is put towards the Year 6 end of year gift to the school.

Parent volunteers are always welcome, please the P&C via email [freemansreachpandc@hotmail.com](mailto:freemansreachpandc@hotmail.com) if you can volunteer to help out and keep the canteen open. The days the canteen is open, menu items and prices are subject to change. Every effort is made to communicate these changes to families via School Enews and Facebook.

## Freemans Reach Public School KIDS CAFE

Run by volunteers

check Enews for unforeseen closures

We are looking for volunteers in our canteen, please contact us at [freemansreachpandc@hotmail.com](mailto:freemansreachpandc@hotmail.com)  
We will arrange someone to support you on your first day!

<h3>SNACKS</h3> <p><b>Brekky or Recess</b></p> <ul style="list-style-type: none"> <li>Fresh Fruit choice of 3 ..... 50c ✓</li> <li>Wholemeal Toast 1 slice ..... 50c ✓ <small>honey, jam or vegemite</small></li> <li>Raisin Toast 1 slice ..... 50c ✓</li> <li>Plain Milk in a Cup ..... 60c ✓</li> <li>Milo in a Cup ..... 80c ✓</li> <li>Fruit Snack Pack GF ..... \$1.00 ✓ <small>peaches or two fruits</small></li> <li>Red Rock Chips 28g bag ..... \$1.00 ✓ <small>sea salt GF</small></li> <li>Grainwaves 28g bag ..... \$1.00 ✓ <small>sour cream &amp; chives</small></li> <li>Vegemite Scroll ..... \$1.50 ✓</li> </ul>	<h3>FROZEN TREATS</h3> <ul style="list-style-type: none"> <li>Quelch Sticks GF ..... 50c ✓ <small>apple, blackcurrant, mango, orange or tropical vanilla</small></li> <li>Bulla Ice Cream Cup GF ..... \$1.00 ✓</li> <li>Moosies GF ..... \$1.00 ✓ <small>blue moon or chocolate</small></li> <li>Icy Morny TNT Sour Ice ..... \$1.00 ✓ <small>blue raspberry or red berry blast</small></li> </ul>	<h3>DRINKS</h3> <ul style="list-style-type: none"> <li>Water GF ..... \$1.00 ✓</li> <li>Popper ..... \$1.20 ✓ <small>apple or orange</small></li> <li>Flavoured Milk ..... \$2.00 ✓ <small>chocolate or strawberry</small></li> <li>Up &amp; Go ..... \$2.00 ✓ <small>banana, chocolate, strawberry or vanilla</small></li> <li>Glee Juice &amp; Bubbles ..... \$2.00 ✓ <small>blackcurrant, grape, raspberry or tropical</small></li> </ul>
<h3>WRAPS</h3> <ul style="list-style-type: none"> <li>Salad ..... \$2.50 ✓ <small>beetroot, carrot, cucumber, lettuce, tasty cheese &amp; tomato</small></li> <li>Chicken, Lettuce &amp; Mayo ..... \$4.00 ✓</li> <li>Chicken &amp; Salad ..... \$5.00 ✓</li> </ul>	<h3>SANDWICHES</h3> <p>... made with wholemeal bread</p> <ul style="list-style-type: none"> <li>Honey, Jam or Vegemite ..... \$1.00 ✓</li> <li>Baked Beans ..... \$1.50 ✓</li> <li>Tasty Cheese ..... \$1.50 ✓</li> <li>Salad ..... \$2.00 ✓ <small>beetroot, carrot, cucumber, lettuce, tasty cheese &amp; tomato</small></li> <li>Ham ..... \$2.00 ✓</li> <li>Chicken ..... \$2.50 ✓</li> <li>Add Sauce ..... +30c ✓ <small>BBQ, mayonnaise, sweet chilli or tomato</small></li> <li>Add Extras ..... +40c ✓ <small>beetroot, carrot, cucumber, lettuce, tasty cheese or tomato</small></li> </ul>	<h3>SALAD BOWLS</h3> <ul style="list-style-type: none"> <li>Salad ..... \$2.50 ✓ <small>beetroot, carrot, cucumber, lettuce, tasty cheese &amp; tomato</small></li> <li>Chicken &amp; Salad ..... \$4.50 ✓</li> </ul>
<h3>BURGERS</h3> <ul style="list-style-type: none"> <li>Cheese Burger ..... \$3.50 ✓ <small>lean beef, cheese &amp; sauce</small></li> <li>Chicken Burger ..... \$4.00 ✓ <small>grilled chicken, lettuce &amp; mayonnaise</small></li> <li>Freemo Burger ..... \$4.00 ✓ <small>lean beef, beetroot, lettuce, tomato &amp; sauce</small></li> </ul>	<h3>HOT FOOD</h3> <ul style="list-style-type: none"> <li>Chicken Chippies max 8 ..... 50c ✓</li> <li>Chicken Nuggets GF max 8 ..... 50c ✓</li> <li>Sausage Roll Party Size ..... 70c ✓</li> <li>Meat Pie Party Size ..... 80c ✓</li> <li>Macaroni &amp; Cheese ..... \$3.30 ✓</li> <li>Lasagne GF ..... \$3.30 ✓</li> </ul>	


✓ EVERYDAY   
 ✓ OCCASIONAL   
 GF GLUTEN FREE

**TO PLACE AN ORDER:**  
 Place your child's name, class & order on a paper bag  
 include your payment and place into canteen order box

# Freemans Reach Public School

Est. 1867

## School Song



The seed of knowledge planted  
My heart and mind will know  
I have the tools to learn  
I have the will to grow  
We are kind, we are strong  
In a place to learn and teach  
We excel, we belong  
In the school of Freemans Reach

On a hill above the lowlands  
Where farms and fields surround  
My friends and teachers help me  
My roots are in this ground  
We will work, we will play  
In a place to learn and teach  
We will grow every day  
In the school of Freemans Reach





**We hope you enjoy being a part of  
Freemans Reach Public School.**

**Please contact the school if any further information is required.**

**\* \* \***

**Freemans Reach Public School**

**Est. 1867**

**395 Kurmond Road, Freemans Reach 2756**

**Phone: (02) 4579 6146**

**Email: [freemanrch-p.school@det.nsw.edu.au](mailto:freemanrch-p.school@det.nsw.edu.au)**

**Web: [www.freemanrch-p.schools.nsw.gov.au](http://www.freemanrch-p.schools.nsw.gov.au)**



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